

LIFE CYCLE

BIRTH

842
773

Biological conception is clearly understood. One of the myths tells of Kuma's desire to have a child. She asked Puaná to impregnate her in the thumb, but Puaná, who in these myths appears both as trickster and wise man, told her that such impregnation would result in an overpopulation and advised her to allow herself to be impregnated in the ordinary way. She allowed herself to be persuaded, and Hatchawa was born. It may be worth noting that though Hatchawa was the issue, he is referred to as the grandson of Kuma. Whether this inconsistency is to us merely an unexplainable situation, or whether it has greater significance, I was not able to find out.

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When delivery is imminent a shelter is built for the prospective mother, apart from all other people. Her husband's moiety brothers build a similar structure for him also apart from the camp. The woman is tended by the women of her family and moiety and the husband by the men belonging to his moiety. Both abstain from eating fish, turtle, and crocodile. Iguana and deer meat and the usual vegetable diet are allowed. During delivery and for 10 days after the husband lies in a hammock and engages in no physical activity. Ordinarily he would sleep on the ground. His moiety brothers bring him food. After 10 days he visits his wife but continues to live alone and apart for a month. Now he hunts in the company of other men and is expected to supply his wife with food. The food taboos continue in effect for the full month for both husband and wife. Strict continence is practiced by the husband. When the month is over the family is reunited.

MENSTRUATION

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The Yaruro's actual attitude toward menstruation is not one of fear or wonder. The phenomenon is accepted much as it is among us, as a disturbing but unavoidable event. In the literature on primitive peoples it is often reported that menstruation is held to be a dangerous period for the woman and for the people. One may question the correctness of this observation, if observation it be, with the suspicion that because certain taboos are observed fear is the motivating response. I have found the observance of taboos among a dozen South American tribes with whom I have had personal contact but there has been no indication of actual fear. One wonders if such events have not been too highly dramatized and rationalized by the civilized visitor rather than by the primitives.

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Among the Yaruros the first period in a girl calls for special treatment at the hands of the women. The girl's face is covered with a